



The dominic beirne

School of Clinical Hypnosis & Psychotherapy©



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The dominic **beirne** School of Clinical Hypnosis & Psychotherapy©

GHsc
VALIDATED PRACTITIONER
General Hypnotherapy Standards Council

Welcome to the Dominic Beirne School

We offer in-depth training of the highest quality in the four disciplines of Clinical Hypnosis, Hypnotherapy, NLP and Psychotherapy.

Our team of course facilitators are highly qualified, enthusiastic, motivated and dedicated to giving you an experience that is empowering, informative and immensely enjoyable.

Our class sizes are deliberately restricted to ensure that you receive individual attention and coaching throughout your training.

At the DB School we offer continuous support during your training and post-training period

with a series of supervised tutorials and we encourage further course attendance at a considerably reduced rate.

We also run a series of Advanced Seminars to support your professional development, with guest speakers visiting the school to ensure you are kept informed of the latest innovations and developments.

The Venue

Stratford upon Avon. *You will be advised on this more near the starting date of your course.*

Stratford upon Avon has excellent road, rail and air links.



COURSES HELD AT DB SCHOOL

DIPLOMA IN CLINICAL HYPNOSIS, HYPNOTHERAPY AND PSYCHOTHERAPY COMBINED WITH THE NLP PRACTITIONER CERTIFICATION

This powerful combination of Psychotherapeutic disciplines is recognised as the most effective way of achieving changes, enriching lives and maximising potential.

At the DB School we have developed a fully integrated course curriculum designed to provide comprehensive, skill-based training that is wide-ranging, eclectic and pragmatic.

This approach gives our graduates the understanding, practical ability and flexibility required to deal with the huge variety of presenting problems encountered in practice.

We train our students to become competent, ethical therapists able to work out the most appropriate clinical solutions to achieve the desired outcome.

On completing your Diploma training you will have the expertise, observational skills and understanding to deliver appropriate effective interventions time & time again whatever your field of specialisation.

YOU WILL LEARN:

- How to hypnotise directly and indirectly using the client map of the world to help them enter a profound hypnotic state.
 - To communicate at the conscious and subconscious levels.
 - To facilitate change and direct the subconscious resources within your client.
 - To experience hypnosis and hypnotic phenomena for yourself.
 - How to harness the powers of your subconscious mind.
 - How to resolve issues that may have held you back.
 - To go beyond your limitations.
 - To improve your relating skills and understand other people perspectives.
 - To multiply your resourcefulness.
 - To improve your ability to make choices.
- And much more.

COURSE STRUCTURE

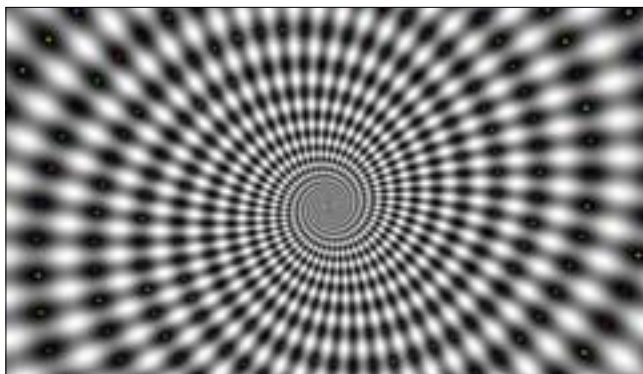
To make our training accessible to as wide a range of participants as possible we offer four types of training format:

The Two Years Course (20) Days.

The part-time flexible weekend.

The intensive format.

The distance learning option.



COURSE CURRICULUM FOR INTENSIVE FORMAT

MODULE ONE

Module one introduces you to the Principles and Practice of Hypnosis, Hypnotherapy and NLP.

- The Art of Listening
- Children Induction
- Elman's Induction
- Deepening
- Arm Levitation
- Variety of Deepening
- Trance Termination
- Eye Catalepsy
- Arm Catalepsy
- Developing the Hypnotic Session
- Post Hypnotic Suggestions
- Post Hypnotic Re-inductions
- Ego Strengthening
- Eye-Accessing Cues
- Sensory-Based Language
- Calibration
- 5-4-3-2-1 Induction
- The History of Hypnosis
- States of Trance
- The Nature of Hypnosis

- Hypnotic Phenomena
- Building Rapport
- Introduction to NLP
- Mirroring
- Nonverbal Induction
- Pacing and Leading
- Suggestibility Tests
- Progressive Relaxation
- Introduction to the Milton Model
- Pre- Induction Interview
- Resistance and How To Deal with it
- Hand Closing Induction
- Erickson's 1-20 Induction
- Ideo-Motor Signals (I.M.R)
- Utilisation of I.M.R
- Setting up Ideo-Signals
- Surprise Handshake Induction
- Deepening Staircase Method
- Erickson's Surprise Cataleptic Induction
- Distraction
- Introduction to Regression
- Abreaction
- Direct Suggestions
- Rules of the Mind
- Rules for building Successful Suggestions
- Ericksons Confusion Induction
- Double Induction

- Coin Dropping Induction
- Odds and Evens Induction
- Stress Management
- Stop Smoking Strategy
- Suggestions for Obesity
- Representation Systems
- Predicates
- Rapid Inductions
- Medical Aspects of Hypnosis
- Approaches to Pain Management
- Communication with Pain
- Creative Visualisation
- Manipulation of symptoms
- The Control Panel Method
- Correct/Incorrect Induction
 - Wart Cure
- Comfortable Childbirth
- Finding Resources
- Tracking Through a Therapeutic Session
- Overlapping Induction
- Favourite Place Deepener
- Past Life Regression

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On your successful completion of Module One you will be awarded the Certificate of Master Hypnotist, which allows you to use the letters D.M.H after your name.



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MODULE TWO

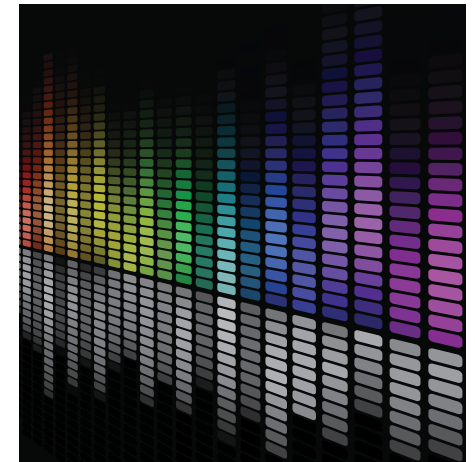
Draws from a wide range of invaluable sources and offers a comprehensive collection of Hypnotherapeutic and Psychotherapeutic tools for the relief and treatment of most of somatic and psychological symptoms.

USES

- Anxiety and Stress
 - Panic disorders
 - Psychosomatic disorders
 - Unwanted habits, including Smoking
 - Alcohol and Drug abuse
 - Eating disorders
 - Nail biting
 - Phobias
 - Allergies
 - Obsessive Compulsive Disorders
 - Insomnia
 - Irritable Bowel Syndrome (I.B.S)
 - Pain Management
 - Dental Surgery
 - Surgery
 - Enuresis
 - Comfortable Childbirth
 - Stuttering
 - Blushing
 - Skin Problems
 - Warts
 - Psycho-Sexual Problems including Impotence
 - Premature Ejaculation
 - Discomfort
 - Frigidity
 - Vaginismus
 - Infertility Problems
 - Learning Problems
 - Memory Enhancement
 - Public Speaking
 - Examination Nerves
 - Ego Strengthening
 - Eradicating Fears
 - Enhanced Sports Performance
- ... and much, much more.

TOOLS

- The Meta Model
- Anaesthesia and Advanced Pain Management
- Focusing Long and Short Form
- Perceptual Positions and Dissociation
- The Six Principles of Analytical Hypnotherapy
- Inner Child Therapy
- Introduction to: Eye Movement Desensitisation and Reprogramming (EMDR)
- Gestalt Therapy
- Gestalt Dream Work
- Esdaile State
- The Milton Model
- Transformational Grammar
- Advanced Regression
- Healing in Hypnosis
- Ambiguity
- Parts Therapy
- Prebirth Experience
- Automatic Writing
- Setting up in Practice and Marketing Skills
- Creating Amnesia and Knowing When to utilise it.



MODULE THREE

Now you are fluent in the communication skills of N.L.P you are ready for the tools. This will complete your training in N.L.P to the Practitioner Standard.

NLP is an attitude, methodology and learning experience that will enable you to reproduce excellence in yourself and others to great effect.

NLP is about creating real sustainable choices; it is about moving beyond limitations and introducing possibilities that will enhance your life and the lives of those around you.

The application of NLP is both personal and professional, so if you want to communicate excellently, achieve and expand your goals exquisitely, and improve your health and wellbeing our training programme is for you.

During your Practitioner training you will gain the sensory acuity and communication skills to enable you to gain influential rapport with ease. You will also learn and experience working with a full range of NLP skills that will allow you to effect profound positive change in yourself and others.



Syllabus and Tools of NLP

Milton Model
Presuppositions of N.L.P
Representation Systems
Outcome Frame
Submodalities
Change with Submodalities
Circle of Excellence
The Swish Pattern
Anchoring
TOTE Model
Collapsing Anchors
Calibration
Eye Accessing Cues
Changing Personal History
Meta Model
The Fast Phobia Cure
VK Dissociation Phobia Treatment
Congruence and Incongruent
Re framing
Negotiation between Parts
The Fast Allergy Cure
The New Behaviour Generator
The Visual Squash
Time Line Therapy
Changing Beliefs
State Management
Neurological Levels
Meta Mirror

When you have successfully completed Module Two and Three you will be awarded your Diploma as a Clinical Hypnotherapist, which allows you to use the letters D.Hyp. You will also receive Certification as a Practitioner of N.L.P and you will be able to use the letters CPNLP.

MASTER PRACTITIONER CERTIFICATION

Why is this Master Practitioner training special?

We have trained with the finest Innovators and Trainers in the World of NLP today. As a result our programme represents the very best of NLP, which will lead you from competence to excellence.

Syllabus

- Advanced Linguistics .
- Presuppositional Language.
- Meta-Programmes.
- Criteria, Values, Beliefs.
- Advanced Time-Line, Understanding the Time-Line, Various Types of Time-Line, Creating a Positive Future, Part Reframes, Releasing Previous Negative Experiences.
- Advanced Submodalities, Revisit the TOTE Model, Explore Submodalities, Compulsion Blowout, Decision Destroyer Customised Swish Pattern, Teach-Me, Advanced Distinctions in Kinesthetic & Auditory Submodalities.
- Generative NLP, Slight of Mouth Patterns, Ericksonian Hypnosis, Nature of Beliefs, Belief Change, Advanced Belief Patterns, Re-imprinting.

How you will learn from these courses

Each of us has preferred ways of learning, so within each of our courses you will be exposed to a variety of teaching styles.

Practical skills training is an essential part of all the courses and you will be expected to put your skills into practice time and time again.

We also believe in empowerment through experiential learning, so you will be given the opportunity to experience these techniques personally.

Each technique is initially presented in a lecture format outlining the theory and background, followed by a demonstration on a volunteer student from the class. You will then practise each technique in small groups to gain the experience to move your learning from conscious to unconscious competence. Feedback, discussion and further examples of how you can use these skills in therapy, business and everyday life will increase your scope and flexibility. Throughout each course there will be opportunities to witness real life therapy and direct application of the techniques in business and everyday life.

Where appropriate we involve experts from the field of business and therapy.

At the DB School we strive to create an environment that provides the optimum conditions for learning and personal growth. We believe you learn best in a relaxed environment which is comfortable, refreshing and enjoyable.

Course materials

You will be provided with comprehensive course manuals in all our courses.

Further support materials will be available.

Distance learning students will be provided with DVDs of all our demonstrations.

Who should attend our training courses?

We have tailored our course to appeal to a wide range of people from all walks of life. If you are involved in any kind of work where effective communication is essential you will find our courses invaluable.

As part of the DBSchool code of ethics we encourage respect for the individual and equality of training and opportunities regardless of culture, socio-economic background, racial origin, political belief, disability, religious belief etc.

Entry Requirements

Academic qualifications are not a necessary prerequisite for entry to our courses.

If you are interested in clinical hypnosis, hypnotherapy, NLP and psychotherapy we believe that humility, patience and perseverance are very important qualities.

Whatever your field of interest, our courses will give you the experience to go beyond your own limitations and improve whatever it is you do. You will find that within your own context you will begin to have more choices than you had considered possible before.

At the DB School we are committed to integrity, quality and value for money. We do not require our students to undergo examinations because we monitor our students continuously throughout their training. If we feel, or if you feel that you would benefit from further training we will provide it at no extra cost. If you are forced to miss any part of your training for any reason you will be able to repeat that part at no extra cost. Our aim is to make sure you reach the appropriate standard to warrant our Certification.

Full Cost of Courses

The full course fees are shown on the enclosed timetable or on our website.

Take advantage of our Early Bird Reduction by paying in full at least 1 month before your course commences.

For more details, feel free to contact us.

There will be no extra charges for certification.

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How you will learn from these courses

Flexible Payment Options

To make it easier to acquire our training we offer two types of instalment options at no extra cost.

1. After paying your deposit, you may pay monthly by Standard Order. For Details contact the School.
2. We accept PayPal.

BOOKING YOUR COURSE

Please complete the enclosed booking form and send this along with your deposit and payment details to:

The Dominic Beirne School of Clinical Hypnosis & Psychotherapy
268A Alcester Road, Stratford upon Avon,
Warwickshire CV37 9JQ

If you require extra copies of the booking form contact the office at: **01789 261620**
or email us: **info@hypnosis-nlp.co.uk**

We will be pleased to assist you in any way we can.

For more updated information on our training programmes please visit our website at:

www.hypnosis-nlp.co.uk

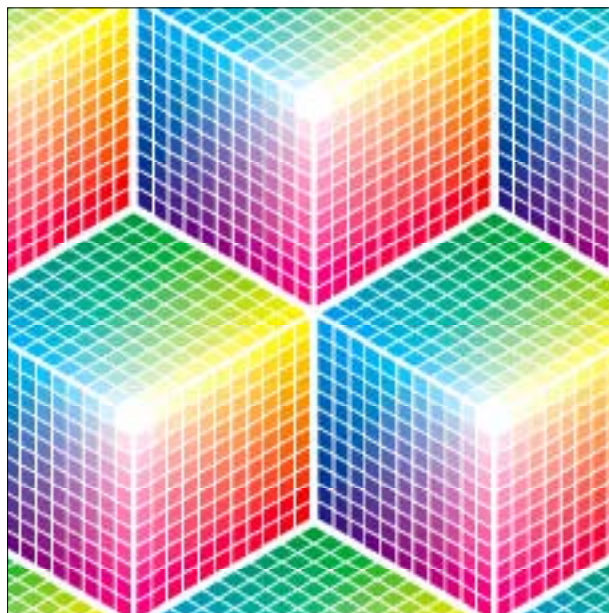
When we receive your booking form and payment we will send you a receipt and letter of confirmation with a map of the venue location and details of our first meeting.

A list of local accommodation will be sent on request.

Cancellation

Notification of cancellation must be received in writing no later than 30 days before your course begins if you wish to receive a full refund.

Substitutions can be made at any time prior to the course commencing.



4 Please Note:

The DBSchool reserves the right to refuse applications at its discretion and if necessary to terminate the training of any student whose conduct is deemed offensive/disruptive.

The DB School continuously evaluates and updates its training and reserves the right to alter details of the training programme, syllabus, trainers -its associated accrediting body (bodies)- and venues, if required without prior notice.



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ABOUT DOMINIC BEIRNE



Dominic Beirne

Principal. Master Trainer of Hypnosis & NLP

As a Clinical Hypnotherapist Dominic has been running a busy practice in Stratford upon-Avon for many years. During this time he has gained the respect of G.P's in the Warwickshire area and as a result of this many of his clients come as referrals on the advice of their G.P. Dominic's clinical experience has given him the practical ability and knowledge to demonstrate the application of Hypnosis Hypnotherapy & NLP to the delight and amazement of his students. Dominic is generous with his knowledge and eloquent in conveying understanding at the conscious and subconscious levels.

Dominic has been featured regularly in the local press and radio, and has also appeared on BBC Television to talk about the therapeutic application of Hypnosis and Hypnotherapy in treating sleep disorders and their associated problems.



Recommended Reading ...

HYPNOTHERAPY

Self Hypnosis
Charles Tebbets

Hypnotherapy,
Dave Elman

Transforming Therapy
Gil Boyne

Mind Body Therapy
Dr D.Cheek & Dr E.Rossi

Uncommon Therapy
Jay Haley

Focusing
Eugine T. Gendlin

NLP

Introducing NLP
John Seymour

Trance-Formations
Richard Bandler & John Grindler

Solutions
Lesley Cameron Bandler

Patterns One
Bandler & Grindler

Frogs into Princes
Richard Bandler & John Grindler

Using Your Brain for a Change
Richard Bandler

Insides Guides to Submodalites
Richard Bandler & Will Donald



TESTIMONIALS

Brigitte Stubbs, France

11/06/2007

To make a generalisation I would say that usually one books a course, pays for the course, goes on a course and... that's it! Your course has been a course like no other and I can only thank you for your dedication in sharing your knowledge, your patience with questions and various emotions; you have been teacher as well as therapist so thank you for what you have given me and helped me find within myself. As I said to a friend the course is worth its weight in gold for all the personal gain even if one were never to practice! I have had a thoroughly enjoyable time, met with lovely people and can very happily say that I experienced very sound training. I would recommend Dominic's Supervision Days for the easy exchange of ideas - and much more - they offer.

~o~

Penny Samuals, UK

22/07/2007

I trained with Dominic five years ago, having previously trained with another organisation. Dominic's training was far, far superior in every respect, and the lessons I learned are still in daily use in my practice.

~o~

Douglas Clark, UK

19/07/2007

Dominic Beirne Clinical Hypnotherapy and Psychotherapy School is I believe at the forefront of Hypnotherapy and NLP training, in a nutshell, it is in a class of its own. Prior to studying at Dominic's training establishment, I had been a senior teacher and had a proven track record in industry and more importantly I feel had completed Hypnotherapy training via approved and very well structured Distance Learning Courses. However, it was only upon attending the Dominic Beirne School, that I realised just how much there was to learn within both Hypnosis, Hypnotherapy and NLP. Dominic and his training staff took all of the course participants through an experience of a lifetime and they did so with compassion, sensitivity and the upmost professionalism. At times they challenged existing beliefs, at times they nurtured and at others they simply instilled good practice and excellent skills. Now that I have entered full time practice, I find myself using the skills that I was shown with growing confidence, flexibility and a thoroughly client centred approach. I give thanks to Dominic Beirne and his excellent team for providing one of the best practical courses to Hypnosis, Hypnotherapy and NLP that I have ever encountered.

~o~

Asif Mirza, UK

02/07/2007

I came to get qualified and start a business.... I gained infinitely more than that. I learned about myself in a way that makes sense to me. And in

doing so was also infused with Dominic's passion, experience and energy about hypnotherapy which has turned a job into a passion for me too. Dominic offers more than a just a course, its a life experience to be thankful for.

~o~

Charlotte Reynolds, UK

08/06/2007

I have done many training courses before - you helped me put it all together. I now have a very clear perspective and I know I'll continue to build on this into the future.

~o~

Jane Evans, UK

08/06/2007

Dominic teams verve, excellence and ability to instruct are highly effective.

~o~

Paul Wilson, UK

08/06/2007

Your enthusiasm is contagious, your competence inspires trust and your generosity of spirit are the qualities that helped me really learn on many different levels.

~o~



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Marlene El Hachem, Lebanon

07/07/2007

Dominic is an entertaining, dynamic and honest speaker, and his teachings have changed my life.

Dominic has a gift for being able to distil abstract principles into results that work. His material is practical, easily learned, and although deceptively simple, it is extremely powerful.

Dominic's course is a great value and I highly recommend it to anyone who is interested in increasing his or her quality of life..

~o~

Dave Mills, UK

07/05/08

As you all know by now, I am a man of far too many words, but I just wanted to say that I've had a ball with you guys over the past 4 (nearly 5) months. I'm gutted I'm not going to cross the finishing line with you all, but I will be thinking of you all next time.

I think I said this after the first module, but I really don't believe I would have learnt as much had I been with a different bunch of people.

Keep practising and remember "it's okay to take notes"!!!

~o~

Elizabeth Brooker, UK

17/08/10

Dominic, it was a wonderful course, I learnt so much. It made me aware of how much I can help not only my music students in reaching their full potential, but also people in all other walks of life and with a great diversity of problems. Thank you!

~o~

Vikki Holloway, UK

14/12/10

I have recently finished the Master Practitioner NLP course with Dominic and I have enjoyed every minute of it. As well as taking on new information it really helped to cement learning from the previous course and refreshed the way in which I do things. Dominic is helpful, friendly, funny and has so much knowledge to impart; I would recommend his courses to anyone wanting to learn from someone who really knows what they are talking about.

~o~

Paul Tansell, UK

24/06/11

An awakening, a change of perception to what hypnotism is about and a positive one.

Course content: right on.

Course tutor: amazing, knowlegable, sportive and a therapist in hynotherapy par excellence.

Thank you Dominic, Jackie and Paul!

Phyl Painter, UK

24/06/11

A fantastic interactive mind expanding experience.

Lots of practical work offered in a relaxing informative way.

A great experience; excellent value and support in every way.

~o~

Catherine Chadwick, UK

02/07/11

Thank you very much for the excellent EMDR workshop. I thought it was very well structured and took us through each stage in a way that facilitated understanding.

I very much value having the course notes to take away. They are well written and I appreciate having the background to EMDR and its theory.

Many thanks.

~o~



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